***“Dedicated to keeping pilots healthy and flying safely”***

**Aviation Medical Services of Alaska**

5011 Spenard Road, Suite #205

Anchorage, AK 99517

907-245-4359

fax: 245-2212

email: Office@airspacedoc.com

**FAA Specifications for Chronic Immune Thrombocytopenia (C-ITP)**

Please provide a current status report (clinical summary) regarding the history of C-ITP for your patient. This report should include the following, along with any separate additional testing:.

**For patients with a single episode:**

* If greater than five years ago and there have been no more recent events or diagnosis, please provide a brief clinical summary and note the following:
* No symptoms
* No abnormal bleeding events or current problems
* No ongoing treatment or surveillance needed
* If less than five years ago and if due to drugs (including heparin-induced thrombocytopenia), infection (now resolved) or pregnancy, etc, please note whether the condition has resolved; or due to a medication, it has stopped with no plan to re-start. As above also note the following:
* No symptoms
* No abnormal bleeding events or current problems
* No ongoing treatment or surveillance needed

**For patients who are under current treatment for chronic idiopathic thrombocytopenia**, please provide a current (within 90 days) clinical summary to verify the following:

* The condition is CHRONIC ITP and platelet counts are stable above 50,000/micro and no anemia or leukopenia
* It has been more than 12 months from diagnosis
* No history of bleeding episodes that required medical attention ever (medication, IVIG, etc.)
* No splenectomy required for treatment
* No current use of antiplatelet agents (NSAIDS, ASA, gingko biloba) or anticoagulants
* No increased risk of bleeding (ulcer, high fall risk)
* No treatment changes recommended
* Back to full unrestricted activities
* No current treatment required

Please do not hesitate to contact our office if you have any questions regarding this request. Thank you.